

EGGS AND FAVORITES

SERVED WITH HOME FRIES AND A FRUIT GARNISH.
HOME FRIES CONTAIN DAIRY

* FARM FRESH EGGS

OVER YOUR WAY, POACHED, SCRAMBLED, SOFT-BOILED, HARD-BOILED OR SUNNY SIDE UP WITH CHOICE OF TOAST ONE - \$8.75 | TWO - \$9.95 | THREE - \$11.25

* HOMEMADE CORNBEEF HASH & EGGS

WITH CHOICE OF TOAST - \$15.95

* SAN FRANCISCO JOE'S SPECIAL

HOUSE-MADE GROUND TURKEY HASH, MUSHROOMS, ONIONS, SPINACH AND SCRAMBLED EGGS TOPPED WITH GRATED ASIAGO AND CHOICE OF TOAST - \$15.95

* ZFTIG BREAKFAST SANDWICH

OVER EASY EGGS, HAM, MUENSTER, AND TOMATO ON AN ENGLISH MUFFIN - \$13.95

* FRIED EGG BLT

OPEN-FACED CHALLAH, SMOKED BACON, LETTUCE, TOMATO, AND TWO EGGS YOUR WAY - \$13.95

* LOX, ONIONS & SCRAMBLED EGGS

WITH CHOICE OF TOAST - \$15.95

* THE PASTRAMI SCRAMBLE

EGGS AND SWISS CHEESE WITH CHOICE OF TOAST - \$13.95

VEGETARIAN BURRITO

AVOCADO, SAUTÉED ONIONS, BLACK BEANS, CHEDDAR, RED PEPPER, SPINACH AND EGG WHITES ON A SPINACH WRAP, SERVED WITH SALSA AND SOUR CREAM ON THE SIDE - \$14.95

BREAKFAST BURRITO

THREE EGGS SCRAMBLED WITH BACON, PEPPERS, ONIONS AND CHEDDAR CHEESE, SERVED WITH AVOCADO, SOUR CREAM AND SALSA ON THE SIDE - \$14.95

* MATZO BREI

SOFTENED MATZO CRACKERS, PAN-FRIED WITH SCRAMBLED EGGS AND TOPPED WITH CINNAMON SUGAR - \$11.95

OMELETTES

SERVED WITH HOME FRIES, FRUIT GARNISH AND CHOICE OF TOAST

TOAST SELECTIONS: CISSEL, MARBLE RYE, PUMPERNICKEL, CHALLAH, WHEAT, WHITE

BAGEL SELECTIONS: PLAIN, SESAME, WHOLE WHEAT, ONION, AND EVERYTHING

SUBSTITUTE A BAGEL, ENGLISH MUFFIN OR CHEDDAR BISCUIT - \$1.50
SUBSTITUTE GLUTEN-FREE TOAST OR BAGEL - \$2.50
SUBSTITUTE EGG WHITES - \$1.50

* APPLE AND CHEDDAR OMELETTE

MACINTOSH APPLE AND VERMONT CHEDDAR - \$12.95

* LENOX OMELETTE

SUN-DRIED TOMATO, CHIVES AND GOAT CHEESE - \$13.95

* MEDITERRANEAN OMELETTE

SPINACH, TOMATO, BLACK OLIVES AND FETA CHEESE - \$13.95

* THE ROUGHRIDER OMELETTE

HOUSE-MADE CORNED BEEF HASH, SAUTÉED ONION AND VERMONT CHEDDAR, SERVED WITH A GRILLED ENGLISH MUFFIN - \$14.95

★ CREATE YOUR OWN OMELETTE ★

1 TOPPING - \$10.75 | 2 TOPPINGS - \$11.95 | 3 TOPPINGS - \$12.95

MEATS: SMOKED BACON, HAM, SAUSAGE
VEGGIES: ONION, OLIVES, GREEN PEPPERS, RED PEPPERS, MUSHROOMS, SPINACH, TOMATO, SUN-DRIED TOMATO, BROCCOLI, SALSA, SCALLIONS
CHEESES: SWISS, CHEDDAR, MUENSTER, AMERICAN, PROVOLONE, FETA, GOAT CHEESE

BENEDICTS

SERVED WITH HOME FRIES AND A FRUIT GARNISH.
HOME FRIES CONTAIN DAIRY

* EGGS BENEDICT

TWO POACHED EGGS AND CANADIAN BACON ON AN ENGLISH MUFFIN WITH HOLLANDAISE SAUCE - \$16.95

* WESTERN BENEDICT

TWO POACHED EGGS, CHICKEN SAUSAGE, RED PEPPERS AND ONIONS ON A CHEDDAR BISCUIT WITH HOLLANDAISE SAUCE - \$17.50

* EMPIRE EGGS

TWO POACHED EGGS, SPINACH AND SMOKED SALMON ON POTATO PANCAKES WITH HOLLANDAISE SAUCE - \$17.95



Brookline Natick

SMOKED FISH PLATES

TOASTED BAGEL, CREAM CHEESE, LETTUCE, CUCUMBER, TOMATO, CAPERS, AND ONION. SCALLION CREAM CHEESE AVAILABLE UPON REQUEST

BAGEL SELECTIONS: PLAIN, SESAME, WHOLE WHEAT, ONION, AND EVERYTHING
SUBSTITUTE GLUTEN-FREE FOR \$2.50

*NOVA - \$17.95

*WHITEFISH SALAD - \$16.95

COLD-BAKED SALMON - \$14.95

*COMBO PLATE - \$18.95
CHOOSE ANY THREE

RISE AND SHINE

FRESH SEASONAL FRUIT PLATE - \$10.95 **GF**

*AVOCADO TOAST

AVOCADO ON GLUTEN-FREE TOAST, TOPPED WITH NOVA, LEMON ZEST, BLACK SESAME SEEDS, POACHED EGG AND GREENS - \$15.95 **GF**

VANILLA NON-FAT YOGURT

SERVED WITH STRAWBERRIES, BLUEBERRIES AND HOUSE-MADE GRANOLA
CUP - \$5.50 | BOWL - \$8.95

OLD-FASHIONED OATMEAL

TOPPED WITH GOLDEN RAISINS AND BROWN SUGAR
CUP - \$5.50 | BOWL - \$8.95

*BANANA NUT BREAD
GRILLED WITH DATE BUTTER - \$7.95

POTATO PANCAKES

WITH HOUSE-MADE APPLE SAUCE AND SOUR CREAM - \$12.95
*SMOKED SALMON, DILL-LIME SOUR CREAM - \$15.95

FRESH CHEESE BLINTZES

WITH SOUR CREAM AND BERRIES - \$12.95

FROM THE GRIDDLE

*BANANA STUFFED FRENCH TOAST
IN A BOURBON-VANILLA BATTER WITH DATE BUTTER AND BERRIES - \$15.95

*CHALLAH FRENCH TOAST

WITH MAPLE SYRUP - \$12.95
ADD STRAWBERRIES OR BANANAS - \$1.50

BUTTERMILK PANCAKES

WITH MAPLE SYRUP & STRAWBERRY BUTTER - \$10.95
ADD BLUEBERRIES, STRAWBERRIES, BANANAS OR CHOCOLATE CHIPS - \$1.50 EACH

GRANOLA PANCAKES

HOUSE-MADE GRANOLA WITH APRICOTS AND CRANBERRIES, SERVED WITH DATE BUTTER - \$12.95

BANANA WALNUT PANCAKES

WITH DATE BUTTER - \$12.95

BREAKFAST SIDES

CANADIAN BACON - \$4.95 **GF**
SMOKED MAPLE BACON - \$4.95 **GF**
PORK SAUSAGE - \$4.95 **GF**
CORNED BEEF HASH - \$5.95 **GF**
TURKEY HASH - \$4.95 **GF**
CHICKEN SAUSAGE - \$4.95 **GF**
HAM STEAK - \$4.95 **GF**
GLUTEN-FREE BREAD - \$3.95
GLUTEN-FREE BAGEL - \$3.95

*NOVA
1/2 ORDER - \$6.95 | FULL ORDER - \$9.95

SOUPS

Chicken Soup

World Famous Homemade
Chicken Matzo Ball Soup

CUP - \$4.95 | BOWL - \$7.95 | QUART - \$13.95 **GF**
EXTRA MATZO BALLS - \$1 EACH

TURKEY CHILI

TOPPED WITH CHEDDAR AND SCALLIONS
CUP - \$6.95 | BOWL - \$8.95 | QUART - \$16.50

STARTERS

POTATO PANCAKES

HOUSE-MADE APPLESAUCE AND SOUR CREAM - \$12.95

HOMEMADE KNISHES

CHOICE OF TWO: MEAT, POTATO, BROCCOLI & CHEDDAR - \$7.95

CHEESE BLINTZES

SOUR CREAM, BERRIES - \$7.95

SWEET NOODLE KUGEL

CINNAMON, NUTMEG - \$7.95

ZFTIG COMBO

ALL OF OUR FAVORITES! CHEESE BLINTZ, POTATO PANCAKE, POTATO KNISH, AND SWEET NOODLE KUGEL - \$14.95

CHOPPED LIVER

CHOPPED CHICKEN LIVER, MARBLE RYE TOAST POINTS AND PICKLED ONIONS - \$9.95 **GF**

HALF-SOUR PICKLE PLATE - \$3.95

MIXED PICKLE PLATE

HALF SOUR, FULL SOUR, AND SOUR TOMATOES - \$4.95

LOADED LATKES

TWO POTATO PANCAKES STACKED, TOPPED WITH YOUR CHOICE:

CHEDDAR, SOUR CREAM, BACON, TOMATO, SCALLIONS - \$11.95

CHILI & CHEDDAR CHEESE - \$10.95

*SMOKED SALMON, DILL SOUR CREAM - \$12.95

BBQ CHICKEN & BLEU CHEESE - \$11.95

BLACK BEANS, CORN, SCALLIONS, CHEDDAR & PICO DE GALLO - \$9.95

DELI SANDWICHES

★ CHOOSE YOUR MEAT! ★

CORNED BEEF - \$15.95	* SMOKED HAM - \$12.95
LEAN CORNED BEEF - \$16.95	* ROAST BEEF - \$14.95
PASTRAMI - \$15.95	CHOPPED LIVER - \$12.95
LEAN PASTRAMI - \$16.95	CHICKEN SALAD - \$12.95
TUNA SALAD - \$11.95	EGG SALAD - \$8.95
ROASTED TURKEY BREAST - \$13.95	WHITEFISH SALAD - \$16.95

★ CHOOSE YOUR BREAD! ★

CISSEL	WHITE
MARBLE RYE	WHITE WRAP
PUMPERNICKEL	SPINACH WRAP
CHALLAH	CHOICE OF BAGEL - \$1.00
BULKIE ROLL	SUBSTITUTE GLUTEN-FREE BREAD OR BAGEL - \$2.50
WHOLE WHEAT	

★ DRESS IT UP! ★

LETTUCE	AMERICAN - \$1.00
ONION	SWISS - \$1.00
TOMATO	CHEDDAR - \$1.00
MUSTARD	MUENSTER - \$1.00
MAYO	PROVOLONE - \$1.00
RUSSIAN	SAUERKRAUT - \$1.00
CHOPPED PICKLES - \$0.50	AVOCADO - \$1.95
COLE SLAW - \$0.50	BACON - \$1.95

★ CHOOSE YOUR SIDE! ★

FRENCH FRIES, COLE SLAW, OR POTATO SALAD
SUBSTITUTE A POTATO PANCAKE OR KNISH - \$1.95
SUBSTITUTE FRUIT OR A SIDE SALAD - \$2.50

SPECIALTY SANDWICHES

SERVED WITH A PICKLE AND YOUR CHOICE OF FRENCH FRIES, COLE SLAW OR POTATO SALAD

SUBSTITUTE GLUTEN-FREE BREAD OR BAGEL - \$2.50
SUBSTITUTE POTATO PANCAKE OR KNISH - \$1.95
SUBSTITUTE FRUIT OR SIDE SALAD - \$2.50



REUBEN

CORNEBEEF, SWISS, SAUERKRAUT AND RUSSIAN DRESSING ON GRILLED PUMPERNICKEL - \$16.95

RACHEL

TURKEY, SWISS, SAUERKRAUT AND RUSSIAN DRESSING ON GRILLED PUMPERNICKEL - \$16.95

GRILLED PASTRAMI & SWISS

ON CISSEL WITH ZAFTIGS MUSTARD - \$15.95

THE NEW YORKER



12 OZ OF HOT PASTRAMI & CORNEBEEF, SWISS CHEESE AND RUSSIAN DRESSING ON CISSEL, SERVED WITH A MIXED PICKLE PLATE - \$20.95

THE ESSEX

COLD ROAST TURKEY, COLE SLAW AND RUSSIAN DRESSING ON CISSEL - \$14.95

THE FALAFEL WRAP

HOUSE-MADE FALAFEL, TZATZIKI SAUCE, DICED TOMATO, RED ONION AND LETTUCE - \$13.95

*THE G & G



NOVA, CREAM CHEESE, CAPERS, LETTUCE, TOMATO AND ONION ON A SESAME BAGEL - \$17.95

COBB WRAP

TURKEY, BACON, TOMATO, BLEU CHEESE, EGG, AVOCADO AND GREENS - \$13.95

BLT

BACON, LETTUCE, TOMATO, AND MAYO ON YOUR CHOICE OF BREAD - \$12.95

ZAFTIG CLUB

TRIPLE-DECKER BLT WITH YOUR CHOICE OF TURKEY, ROAST BEEF, HAM, OR GRILLED CHICKEN - \$16.95

*THE MONTE CRISTO



GRILLED FRENCH TOAST, SWISS CHEESE, SMOKED HAM, ROASTED TURKEY AND CRANBERRY-APRICOT CHUTNEY - \$17.95

RAINBOW WRAP

TOMATO, YELLOW PEPPER, AVOCADO, LETTUCE, CARROT, GOAT CHEESE AND PICKLED ONION ON A SPINACH WRAP - \$13.95

HUMMUS AND APPLE

HOUSE-MADE HUMMUS AND APPLE WITH GREEN LEAF LETTUCE, CUCUMBERS, AND CHEDDAR ON WHEAT - \$12.95

GRILLED CHICKEN CAESAR WRAP

WITH ASIAGO AND BAGEL CROUTONS - \$13.95



TURKEY WRAP

ROASTED TURKEY, AVOCADO, LETTUCE, TOMATO AND CRANBERRY-APRICOT CHUTNEY - \$15.95

TUNA MELT

ALBACORE TUNA, TOMATO, CUCUMBER, AND MUENSTER ON GRILLED WHOLE WHEAT BREAD - \$13.95

ROASTED VEGETABLE WRAP

SEASONAL ROASTED VEGETABLES WIT HUMMUS - \$13.95

JOAN & ED'S

HOT PASTRAMI, CHOPPED LIVER AND RED ONION ON PUMPERNICKEL - \$15.95

NANNY FANNY

COLD CORNEBEEF WITH COLE SLAW, HOUSE-MADE RUSSIAN DRESSING AND SWISS ON MARBLE RYE - \$16.95

OPEN-FACED SANDWICHES



RAPHEL

ROAST TURKEY, MASHED POTATO, STUFFING, CRANBERRY CHUTNEY ON TOASTED CHALLAH WITH GRAVY - \$15.95

HOT ROAST BEEF

HOUSE-MADE ROAST BEEF ON TOASTED CHALLAH, TOPPED WITH MASHED POTATO AND MUSHROOM GRAVY - \$16.95



👤 = NANNY'S FAVORITES

* THESE ITEMS ARE COOKED TO ORDER AND/OR MAY BE SERVED RAW OR UNDERCOOKED. CONSUMING RAW OR UNCOOKED MEATS, FISH, POULTRY, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BOURNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. BEFORE PLACING YOUR ORDER, PLEASE INFORM US IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

SALADS



ZAFTIG SALAD

MIXED FIELD GREENS, FETA, RAISINS, TOASTED PINE NUTS, BALSAMIC DRESSING - \$10.95 🍷

GREEK SALAD

ICEBERG, FETA CHEESE, CUCUMBERS, RED ONION, GRAPE TOMATOES, KALAMATA OLIVES, GREEN PEPPER, LEMON VINAIGRETTE - \$10.95 🍷

BBQ CHICKEN SALAD

ICEBURG LETTUCE WITH BACON, AVOCADO, BLACK BEANS, CHEDDAR CHEESE, TOMATO, CORN, FRIED ONION STRINGS, SCALLIONS AND GRILLED BBQ CHICKEN WITH RANCH DRESSING - \$15.95 🍷

MEDITERRANEAN PLATE

HOUSE-MADE FALAFEL, HUMMUS, TZATZIKI, CUCUMBER, KALAMATA OLIVES AND RED ONION, SERVED WITH GRILLED PITA BREAD - \$13.95

HEAVENLY SALAD

BABY SPINACH, SUN-DRIED CRANBERRIES, CANDIED WALNUTS, RED ONION, GOAT CHEESE, RASPBERRY BALSAMIC VINAIGRETTE - \$10.95 🍷

SALMON NIÇOISE SALAD

COLD-BAKED SALMON FILET SERVED ON A BED OF MIXED GREENS WITH HARD-BOILED EGG, KALAMATA OLIVES, GRAPE TOMATOES, GOLDEN POTATOES, GREEN BEANS AND A LEMON WEDGE WITH LEMON VINAIGRETTE - \$16.95



PEANUT NOODLE SALAD

GRILLED CHICKEN, VEGETABLES, SCALLIONS, PEANUTS, MIXED FIELD GREENS, PEANUT-SOY DRESSING - \$15.95

COBB SALAD

TURKEY, BACON, BOILED EGG, TOMATO, AVOCADO, BLEU CHEESE, MIXED FIELD GREENS, LEMON VINAIGRETTE - \$15.95 🍷

* SALAD TOPPERS *

GRILLED CHICKEN	\$4.95
FALAFEL	\$3.95
SCOOP TUNA	\$3.95
SCOOP CHICKEN	\$3.95
4 OZ COLD BAKED SALMON	\$4.95
8 OZ GRILLED SALMON	\$11.95

DRESSINGS: BALSAMIC VINAIGRETTE, LEMON VINAIGRETTE, RASPBERRY VINAIGRETTE, OIL & VINEGAR, PEANUT-SOY, CAESAR, RUSSIAN, RANCH

GRILL AND FRY

SERVED WITH A PICKLE AND YOUR CHOICE OF FRENCH FRIES, COLE SLAW OR POTATO SALAD

SUBSTITUTE GLUTEN-FREE BREAD OR BAGEL - \$2.50
SUBSTITUTE POTATO PANCAKE OR KNISH - \$1.95
SUBSTITUTE FRUIT OR SIDE SALAD - \$2.50

*SIRLOIN BURGER

1/2 POUND BLACK ANGUS BEEF - \$16.95
ADD CHEESE - \$1.00 | ADD BACON - \$1.95

VEGGIE BURGER

GRILLED HOUSE-MADE BLACK BEAN PATTY WITH A SIDE OF SALSA - \$15.95



*THE PATTY MELT

1/2 POUND BLACK ANGUS BEEF, CARAMELIZED ONIONS, SWISS AND RUSSIAN DRESSING ON CISSEL - \$17.95

*BLACK AND BLEU PATTY MELT

1/2 POUND CAJUN-SPICED BLACK ANGUS BEEF, CARAMELIZED ONIONS, BLEU CHEESE AND MAYO ON MARBLE RYE - \$17.95

FRIED ATLANTIC HADDOCK SANDWICH

BEER-BATTERED HADDOCK SERVED ON A BULKIE ROLL, SERVED WITH FRENCH FRIES, COLE SLAW AND A SIDE OF TARTAR SAUCE - \$13.95

LEMON CHICKEN BREAST SANDWICH

GRILLED LEMON & GARLIC CHICKEN BREAST SERVED ON A FRESH BULKIE ROLL - \$14.95
"DRESSED" WITH MUENSTER, RED PEPPERS, AND SPINACH - \$15.95

BBQ CHICKEN BREAST SANDWICH

GRILLED CHICKEN BREAST WITH BBQ SAUCE, MUENSTER AND BACON ON A BULKIE ROLL - \$15.95

NOVA GRILLED CHEESE

THICK-CUT CHALLAH WITH SWISS CHEESE, NOVA AND CAPERS - \$15.95

BACON GRILLED CHEESE

THICK-CUT CHALLAH WITH CHEDDAR, SWISS AND BACON - \$12.95

Z DOGS

PEARL HOT DOGS GRILLED OR STEAMED, SERVED ON A NEW ENGLAND HOT DOG ROLL
ONE DOG - \$7.95 | TWO DOGS - \$11.95

ADD SAUERKRAUT - \$1.95
ADD SHREDDED CHEDDAR - \$1.00
ADD TURKEY CHILI - \$2.50

DINNER PLATES

GRILLED CHICKEN KABOBS

PEPPERS, ONIONS, MUSHROOMS AND TOMATO, SERVED WITH PITA, FALAFEL, HOUSE-MADE TZATZIKI SAUCE AND A CUCUMBER SALAD WITH RED ONION, KALAMATA OLIVES, AND FETA - \$18.95 🍷

ZAFTIG FISH AND CHIPS

BEER-BATTERED FISH SERVED WITH FRENCH FRIES, COLE SLAW, AND TARTAR SAUCE - \$16.95

FRESH GRILLED SALMON

SERVED WITH SEASONAL SIDES - \$19.95

LATKE PICCATA

GRILLED LEMON-GARLIC CHICKEN BREAST ATOP A LATKE, ROASTED VEGETABLES AND SAUTÉED SPINACH WITH LEMON CAPER SAUCE - \$19.95

THANKSGIVING TURKEY DINNER

SLOW ROASTED AND SERVED WITH CRANBERRY-APRICOT CHUTNEY, GIBLET GRAVY, STUFFING, VEGETABLES, AND MASHED POTATO - \$16.95 🍷

*SALMON, PASTA AND PEAS

SEARED SALMON, PENNE PASTA, PEAS, SUN-DRIED TOMATO, AND SPINACH IN A CREAM SAUCE WITH A LEMON GARNISH - \$17.95

MAC AND CHEESE

WITH PANKO TOPPING - \$13.95

BRISKET DINNER

GRANDMA'S SLOW-COOKED BRISKET WITH SEASONAL SIDES - \$21.95

BEVERAGES

ZAFTIG'S SODA - \$3.95

RASPBERRY LIME RICKEY, GRAPE, STRAWBERRY

JUICES - \$2.95 | \$4.95

FRESHLY SQUEEZED - ORANGE, GRAPEFRUIT

LEMONADE - \$3.95

BOTTOMLESS

ICED TEA - \$3.95

UNSWEETENED - BOTTOMLESS

ICED COFFEE - \$3.95

FRUIT JUICES - \$3.50 | \$4.50

V-8, APPLE, CRANBERRY, PINEAPPLE

DARK ROAST COFFEE - \$3.95

BOTTOMLESS

POT OF TEA - \$3.95

ENGLISH BREAKFAST, EARL GREY, LEMON, GREEN, CHAMOMILE, AND DECAFFEINATED EARL GREY

SODA - \$2.95

COKE, DIET COKE, GINGER ALE, SPRITE, FANTA ORANGE - BOTTOMLESS

DR BROWNS - \$3.50

CREAM SODA, BLACK CHERRY, CEL-RAY, ROOT BEER, DIET BLACK CHERRY, DIET CREAM SODA, GINGER ALE

MILK - \$2.95

REGULAR, SKIM
COFFEE OR CHOCOLATE - \$3.75

EGG CREAM - \$3.95

VANILLA OR CHOCOLATE

HOT CHOCOLATE - \$3.95

BEER

IPA DRAFT - \$7.50

SAM ADAMS DRAFT - \$7.50

SAM ADAMS SEASONAL DRAFT - \$7.50

COORS LIGHT - \$6.50

BLUE MOON - \$6.50

CORONA - \$6.50

YUENGLING - \$6.50

ANGRY ORCHARD - \$6.50

WINE

CHARDONNAY - \$10

CABERNET SAUVIGNON - \$10

SAUVIGNON BLANC - \$10

PINOT NOIR - \$10

PINOT GRIGIO - \$10

COCKTAILS

BLOODY MARY - \$12

Z-MOSA - \$12

BACON AND BOURBON MARY - \$12

CARIBBEAN PUNCH - \$12

RED SANGRIA - \$12

WHITE SANGRIA - \$12